

kitchen

Clean out fridge and freezer Clean oven Clean stove burners Wipe out drawers and cupboards Scrub kitchen sink Clean out microwave Mop floors Clean behind appliances Dust tops of cabinets Replace fridge filter Spray out garbage cans

bedrooms

Wash all bedding Spray pillows with allergen reducer Clean out closets Clean under beds Flip matress and spray with allergen reducer Spray stuffed animals with allergen reducer

laundry room

Clean washer and dryer Wipe out drawers and cupboards Clean behind appliances

bathrooms

Wash shower curtains Wipe out cabinets and drawers Dust fans and light fixtures

general

Dust ceilings Dust ceiling fans Wash windows and windowseals Dust blinds Dust and clean light fixtures Spray draperies and pillows with allergen reducer Beat rugs Change furnace air filter Vacuum couches and chairs Wipe down doors and doorknobs Dust shelves, tops of cabinets, etc. Wipe lightswitches Wipe down walls and baseboards Have carpets cleaned

outside

Clean out garage Clean out shed Wash off bikes and scooters, fix flat tires Wash bike helmets Clean off patio furniture Clean arill Tune up lawn mower Sweep or spray off patio and sidewalks Put away snow shovels, snow clothes, etc. Weed garden Spray weeds in driveway, sidewalk cracks, etc. Wash outsides of windows Restain or paint deck Sweep off front porch Get new doormats Wash off outside doors and doorknobs Trim trees or hedges Clean out car

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